

Eastgate Daybreak

Eastgate
Seventh-Day
Adventist
Church

Keeping it Simple

A few months ago my daughter got a nail in her car's tire. It would hold air for a while but not well enough that it would last all night. The problem was that the tire was still in fair but not great shape. If she would take it to the shop they would demand she replace it. So, I tried something that I had never

used before.

I pulled out the nail and filled the hole with this sticky material made for patching holes in tires. I filled the tire with air and believe it or not it held. In fact that patch held until she replaced the tires several weeks later. It was a simple thing, but effective.

In our technological

world its easy to forget that the simple things are often the most effective. Malcolm Gladwell in his book "The Tipping Point" shows how simple things like word of mouth communication actually create some of the biggest changes in society.

*Simple by Pastor Cary
Continued p. 2*

Galilee By The Sea VBS 2008

If you or your children were unable to help with or attend VBS this year, you missed a real treat! Each morning we began VBS with a rousing song service. The kids (and adults) love to sing, and Steve Moor and Cheryl Wren gave us some wonderful accompaniment on the guitar and piano.

Pastor Cary told a Bible story each morning about Jesus' ministry on earth. He illustrated the stories with lively examples from modern days in

order to make them come alive for the kids. Following the Bible story, each group had a discus-



sion about how the Bible story for the day related to their lives.

Next, the groups went different directions to crafts, the synagogue, or sea-side play. Kim Anderson led crafts; Marlien Arriola assisted. They helped the kids create a sandy candle, a key-chain, a sailboat, a picture frame (with their own picture inside), and a painted fish, all quite appropriate for the VBS theme "Galilee By-the-Sea."

VBS Continued, p. 3

Augusts2008

August Birthdays

08.01 Sarah Higgs
08.06 Bill Saunders
08.06 Alan Coffey
08.06 Jamison Montross
08.07 Sandra Mathews-Sarve
08.07 Paul Sticka
08.07 Elizabeth Gibbons
08.08 Kenneth Adams
08.11 Art Cadieux
08.12 Kevin Sarve
08.12 Lee White
08.14 Yvonne Jackson
08.15 Melba White
08.16 Frank Moore
08.17 Sam Fallang
08.19 Rosalie Dickerson
08.20 Dianne Gamble
08.21 Bill Smith
08.21 Rosalie Donley
08.23 Donna Williams
08.24 David Avila
08.24 Alice Johnson
08.24 Carol Banks
08.24 Nikki Arriola
08.25 Thad Franklin
08.25 Amber Aquí
08.26 Joe Higgs
08.26 Marlena Edgerly
08.31 Dave Robertson
08.31 Harry II Arriola
08.31 Daniel Perrin

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Keeping it Simple, *Continued from p. 1*

He comments at the end of his book, "...we are about to enter the age of word of mouth, and that, paradoxically, all of the sophistication and wizardry and limitless access to information of the New Economy is going to lead us to rely more and more on very primitive kinds of social contacts." I need your help with a simple solution at Eastgate. Each Sabbath we have 30 to 60 non-members attend our church, but we are having a difficult time finding out who these

people are. So, we are going to try something simple; we are going to fill out communication cards after the sermon a few times a month. The catch is I need everyone to fill them out members and guests. The reason is simple; if a guest sees me (a member) filling it out, they will be more open to doing the same. The opposite is also true.

So, this summer we are going to experiment with this and see how the Lord works.

Please help with this simple thing. If you filling out a card influences one person to fill theirs out, God has used you to move that person a little bit closer to the kingdom. And that's why we are here simply, connecting, growing and serving for the kingdom of heaven!



Simply His,
Pastor Cary

Library Update

Since summer is always such a busy time of year, we have decided to delay the opening of the library until September, at which time we will have a grand opening and invite the church to begin checking out books, movies, and audio books.

Thank you to everyone who donated items during the book drive. The books, audio books, and movies we received was a good start for the library. Since the collection is still a little slim for a church library, I would invite each of you to glance at your bookshelves and see if there are a few more books, audio CD's, and DVDs that you would consider

donating to the library. We are particularly in need of children's books and movies, teen books (fiction and non-fiction), nature movies, audio books, and DVD's. There is a box at the resource desk where you can donate items for the library. To help you determine which items to donate, a list of items that we have received is conveniently located on the back of this month's calendar.

Thank you to everyone who has helped with the library so far! We are still needing one volunteer per month to help people check out books. If you would like to help in any way, let me know!

Tiffany Michaels

SUNDOWN

The quiet hush of sundown
Fills the heart with peace;
Trials and problems of the week
Vanish through Sabbath's release.

Give your cares to Jesus,
Find strength for the new week
As the last radiating beams
Filter down upon the meek.

--Marilyn Larsen Roller



Don't miss the all-church camp out coming up in September!

A Little Taste of Paradise at the Luau

Since most of us can't afford to travel to Hawaii or another tropical island, the social committee brought paradise to Walla Walla. On the 20th of July, The church backyard was buzzing with over 100 people who all came to experience a little taste of paradise. There were enough aloha shirts to make Don Ho proud however, the typical luau roasted pig was exchanged for delicious veggie kabob's. Thanks to Harry and Pam who slaved over the hot grills to cook them to perfection. And thanks to the ladies (You know who you are) who stayed up till midnight the night before chopping the goods and skewering. Everyone had lei's

around their necks, smiles on their faces, and a few brave souls even wore muumuus.



The entertainment was wonderful! Everyone did a great job. Lauren and Caroline Bergman did the Hukilau hula, Steve Dickerson and his friends played ukulele's and then there were the hulas.

The ladies, after two weeks of practice, did the hula like professionals. Did anyone know Crystal could shake her hips that fast? And as much as we tried to entice Pastor Cary to do a hula he did not. However, there's always next year! (wink wink) But there were two brave souls, Landon and Seth, who were the pinnacle of the evening! For those of you who missed it, it was a wonderful show and we hope that you make it to the next one. They just keep getting better and better!

Kim Anderson,
Social Committee

VBS, Continued from p. 1

Christine Wittlake and Linda Kinne led out in the synagogue discussions. The children were busy rowing canoes with wooden spoons and bailing water with plastic buckets.

Pastor Cary led seaside play, with the assistance of several young men. The children tried their hands at catching people with a fishing net, carrying a box of fruit or a pitcher of water on their heads, and catching floaties (pretend fish). We also had a visit from several miniature horses on Monday and some ducks, a crowing rooster, and two goats on Friday.

After all those activities, the

kids were glad to come inside and wash up for a snack. During snack time, Shellie Daniel told a continued story



about five children who made an 85-mile journey to their grandma's house, with only

their pet donkey pulling a cart, the family dog, a goat, and a banty hen. The angel guards kept the family safe and helped them through each difficulty along the way.

Thanks to all who helped decorate, lead family groups, assist with registration, or other unmentioned but important duties needed to make VBS a success. Those of us who participated felt the support and guidance of the Holy Spirit and were richly blessed by our interaction with the kids.

Shellie Daniel,
Co-Director

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*We are people of the word
We are conduits of God's grace to the lost
We are a community centered on grace
filled accountability
We are obedient by faith to the law of God
We are saved eternally by faith in
Christ alone*

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Vegan Stroganoff

Submitted by: Nicole Scruggs

INGREDIENTS:

- 1 tbsp vegetable oil
- 1/2 medium onion
- 1 package (12 oz) faux ground beef
- 1 1/2 cups sliced mushrooms (Criminis or Portobellos are best)
- 2 tbsp garlic powder
- 1 1/2 cups veggie broth
- 1 container (12 oz) vegan sour cream
- cooked rice or pasta, to serve sauce over

DIRECTIONS:

1. In a nonstick pan, saute the onion in the vegetable oil until translucent. Add the faux ground beef and cook until slightly browned.
2. Add the mushrooms and the garlic powder, saute until the mushrooms begin to absorb moisture.
3. Pour the veggie broth in the pan, and simmer about fifteen minutes.
4. Add the sour cream, and cook another five minutes.
5. Pour over rice or pasta, and eat!

This takes about half an hour to make, and serves four to six people.